



Provo Walk & Roll to School BECOME A PARENT ORGANIZER



Start a walking bus or bike bus at your school

A walking bus is a group of kids and adults who walk to school together on a regular route and schedule; a bike bus does the same on bicycles. Both turn the trip to school into active time with friends and neighbors. *Walking buses are usually the simplest option.*

WHY START ONE?

- Kids start the day active and ready to learn
- Families spend less time in the drop-off line
- Neighbors build stronger connections

THREE WAYS TO BEGIN

- 1 Choose one or more days each week to walk or bike.
- 2 Pick a route. A BikeWalk Provo volunteer can help. See below.
- 3 Invite other families to join you.

We will help you take the first steps.

A BikeWalk Provo volunteer can help with route guidance, maps, materials, signs, examples, or outreach. Parents lead every group.



Read the
parent
organizer guide